

SAMIRA YOGA STUDIO LLC (AMY HAID)

**ACKNOWLEDGMENT OF ASSUMPTION OF RISKS
RELEASE, WAIVER & INDEMNIFICATION**

As a condition for my child’s participation in yoga classes and programs (“Activities”), I hereby execute this release, waiver of liability, indemnity and assumption of the risk agreement (“Waiver and Release”) on my own behalf and on behalf of my child.

I am aware that the yoga exercises which my child will be participating in presents a risk of bodily injury.

I affirm that my child is physically, emotionally and mentally capable of participating in the yoga exercises and that they are not under a doctor’s care for any reason that may make their participation dangerous to themselves or others.

I certify that they are voluntarily participating in these activities and I assume all risks, consequences, and potential liability for this participation.

I give my permission for **Amy Haid** and emergency personnel to make necessary first aid decisions in the event of accident, injury, or illness to my child.

I HEREBY RELEASE, WAIVE, DISCHARGE AND AGREE NOT TO SUE AMY HAID, SAMIRA YOGA STUDIO OR ITS INSTRUCTORS, VOLUNTEERS, AND THEIR SUCCESSORS, HEIRS AND ASSIGNS (JOINTLY “RELEASEES”) FOR ANY AND ALL CLAIMS, DEMANDS, LOSSES OR DAMAGES ON ACCOUNT OF ANY INJURY ARISING OUT OF THE ACTIVITIES.

I agree that this Waiver and Release is intended to be as broad and inclusive as is permitted by the law of the state in which the activities takes place, and that if any portion is held invalid, it is agreed that the balance shall continue in full legal force and effect.

If, despite this Waiver and Release, I or my child makes a claim against any of the Releasees, the participant (or in the case a claim is made on behalf of a child, the parent(s) and/or legal guardian(s)) will reimburse the Releasee(s) for any money which such Releasee(s) incur in defending the action, including but not limited to damages and legal fees and costs.

I have read this Waiver and Release, fully understand its terms, understand that I have given up substantial rights for me and my child by signing it, and have signed it freely and voluntarily without any inducement, assurance, or guarantee being made to me and intend my signature to be complete and unconditional release of all liability to the greatest extent allowed by law.

This document shall be valid for all future Activities my child may participate in.

As parent or guardian of the participant, I acknowledge reading this form carefully and agree to all the provisions above.

Name of Participant: _____ **Emergency Phone #** _____

Parent/Guardian Signature: _____ **Date:** _____

Name of Parent/Guardian: _____ **E-mail Address** _____

